

## CURRICULUM VITAE – GUNN ENGELSRUD

### Personal

*Date & Place of birth* 30<sup>th</sup> of December 1951, Oslo, Norway  
*Citizenship* Norwegian  
*Formal Education* Social Scientist (PhD in Pedagogy)  
*Profession* Professor and Head of department of Physical Education,  
Norwegian School for Sport Science, Norway  
Professor II, Section for Health Science, University of Oslo).  
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### Education

1970-1972 Physical Education; Norwegian School for Sport Science.  
1974-1975 Physiotherapy studies; School for Physiotherapy; Oslo.  
1983-1985 Master of Science (College of Special Education, Oslo)  
1988-1991 PhD studies at the University of Oslo, Faculty of Social Science  
Spring 1992 PhD in Social science)  
1985-1994 *Specialist inn psychomotor treatment (ad.modum Aadel Bülow – Hansen)*  
1993–2001 Body-Mind entering and Vocal dance Practitioner, Training in Movement Improvisation, movement analyses and treatment

### Academic career and professional experience

1975-1978 Practitioner in Physiotherapy, A/S Therapy, Oslo,  
1978-1981 Head of Health service in Primary School, Ski Community.  
1981-1986 High School Teacher; Oslo Collage in Physiotherapy  
1986-1990 PhD candidates; the Norwegian Institute of Public Health, Oslo,  
1990-1992 Head of the Competence Centre for the Norwegian Association for Physiotherapist  
1993-2000 Head of Research at Oslo College (Institute of Education and institute of Health)  
1995-1997 Researcher; Centre for Women Research (University of Oslo) part-time 30% University of Oslo.  
2000-2008 Associate Professor, Section for Health Science; Faculty of Medicine, Professor from 2005-  
2008-2016 Professor, Head of Department of Physical Education; Norwegian School of Sport Sciences.  
2016- Professor, Norwegian School of Sport Sciences.

Invited lecturer at universities in Denmark; Copenhagen, Århus, Roskilde and Odense and Sweden (Gothenburg, Stockholm) and a number of university colleges in Norway. Member of ten different doctoral committees fulfilled six Ph.D- candidates pr. 1.1.2016, currently supervising five Ph.D-students. Key-note speaker at conferences and invited teacher in movement experience, as well as phenomenology and qualitative research methods.

### Research interests

Phenomenology, Health - and movement experienced phenomenon, Qualitative research, communication in profession contexts, educational research, teaching and learning in the movement different movement contexts.

### Selected publications after 2005

**Engelsrud, Gunn** (2005). The lived body as experience and perspective: Methodological challenges. *Qualitative Research*. Vol 5 (3): 267-284.

Hjelmeland Grimsbø, Gro & **Engelsrud, Gunn** (2005). Young Womens' Fitness Practices: A Critical View. *Journal of the Anthropology and Human Movement* (2):227-237.

**Engelsrud Gunn** (2006) *Hva er kropp. (What is body)*. Universitetsforlaget, Oslo.

**Engelsrud, Gunn**; Heggen, Kristin (2007). *Humanistisk sykdomslære. Tanker om helse og velvære, sykdom og diagnose. (Humanistic perspectives on health, well-being, sickness and diagnosi)*Oslo: Universitetsforlaget AS

**Engelsrud Gunn** (2007). Teaching Styles in Contact Improvisation: An Explicit Discourse with Implicit Meaning. *Dance Research Journal* 2008; 39(2):58-73

Lund Anne, **Engelsrud, Gunn** (2008) "I am not that old; experience of thriving and threat in a senior center. *Aging and Society* 28, 675-692.

Bjorbækmo, Wenche, **Engelsrud, Gunn** (2008). "I am almost like a fish": An investigation of how children with congenital heart disease experience and perform movement in daily life", Child: care, health and development (on-line publication)

**Engelsrud, Gunn** (2009). Health and aerobic exercise – e tenuous connection? Anthology "woman, body and health" ( s 153-184) Uppsala University (eds) Lisa Käll

**Engelsrud, Gunn** (2010)"To allow oneself to dance.... Understanding the individual training of selection young dancers". *Nordic Journal of Dance*. Volum 1. S.31-44

**Engelsrud, Gunn** (2010) Betydninger av teori (er) om kroppen. I Steinsholt, K. & Gurholt, K.P. (red.) (2010). *Aktive liv. Idrettspedagogiske perspektiver på kropp, bevegelse og dannelse* (s. 35–50). Trondheim: Tapir Akademisk Forlag.

Groven, Karen Synne; Råheim, Målfrid, **Engelsrud, Gunn** (2010). My quality of life is worse compared to my earlier life: Living with chronic problems after wright loss surgery. *International Journal on Qualitative Studies on Health and Well-being* 5 (4): 15 ISSN 1748-2623

Groven, Karen Synne; Nyheim Solbrakke, Kari, **Engelsrud Gunn** (2011) “Large womens Experience of Exercise”. In *Woman and Exercise: The Body, Health and Consumerism*. (eds) Kennedy, Eileen and Markula Pirkko, (p 121-137) Routledge, New York, N.Y & Abingobn, Oxon

**Engelsrud, Gunn** (2010) “Følelsene kommer bare ut av meg.”..Om noen unge danseres egetrening. I *Norsk Danseforskning* red Sidsel Pape. (s 107-135) Tapir Akademiske forlag. Trondheim

Nina Billenstein Schriver and **Gunn Engelsrud** (2011) Rehabilitation of a Knee Injury: Tensions Between Standard Exercises and Lived Experiences *Journal of Sport & Social Issues February 2011 35: 22-32, doi:10.1177/0193723510397257*

Standal, Ø.F. & **Engelsrud, G.** (2011): Researching embodiment in movement contexts: A phenomenological approach. *Sport, Education & Society*. DOI:10.1080/13573322.2011.608944

Groven, Karen Synne; **Engelsrud, Gunn**; Råheim, Målfrid. (2012) Living with bodily changes after weight loss surgery - women's experiences of food and "dumping". *Phenomenology & Practice*; Volum 6.(1) s. 36-54  
NIH UiB UiO

Groven, Karen Synne; Råheim, Målfrid; **Engelsrud, Gunn.** Dis-appearance and dys-appearance anew: Living with excess skin and intestinal changes following weight loss surgery. *Medicine, Health care and Philosophy* 2012 DOI 10.1007/s11019-012-9397-5  
NIH UiB UiO

Gro H. Grimsbø, **Gunn H. Engelsrud**, Cornelia M. Ruland, Arnstein Finset ( 2012) Cancer patients’ experiences of using an Interactive Health Communication Application (IHCA) *International Journal of Qualitative Studies on Health and Well-being* eISSN 1748-2631, [ISSN 1748-2623 volumes 1-4, 2006-2009]

**Engelsrud, G.** & Standal, Ø. F (2012). Idrett, nytte og erfaring. I: Ø.R. Varkøy (ed.). *Om nytte og unytte* (s. 147-159. Oslo: Abstrakt forlag.

Groven, Karen Synne, **Engelsrud, Gunn.** Allowing one's own experiences to "count". Elaborating on inter-subjectivity and subjectivity in phenomenological studies.. *Journal of Education and Research* 2013; Volum 3.(1) s. 22-38  
NIH UiO

Groven, Karen Synne; Råheim, Målfrid; Braithwaite, Jean; **Engelsrud, Gunn.** (2013). Weight loss surgery as a tool for changing lifestyle?. *Medicine, Health care and Philosophy* 2013; Volum 16. (4) s. 699-708. NIH, UiB, UiO

Resaland, Geir Kåre; Aadland, Eivind; Moe, Vegard Fusche; Aadland, Katrine Nyvoll; Skrede, Turid; Stavnsbo, Mette; Suominen, Laura; Steene-Johannessen, Jostein; Glosvik, Øyvind; Andersen, John Roger; Kvalheim, Olav Martin; **Engelsrud, Gunn;** Andersen, Lars Bo; Holme, Ingar Morten K; Ommundsen, Yngvar; Kriemler, Susi; van Mechelen, Willem; McKay, Heather A.; Ekelund, Ulf; Anderssen, Sigmund Alfred.  
Effects of physical activity on schoolchildren's academic performance: The Active Smarter Kids (ASK) cluster-randomized controlled trial. *Preventive Medicine* 2016; Volum 91. s. 322-328  
HELSEFØRDE HISF NIH UiB

Nordtug, Birgit; **Engelsrud, Gunn.**  
Boken som mangler, ord som går på tomgang og sykt flinke jenter: Kunnskap og helse. *Tidsskrift for kjønnsforskning* 2016; Volum 40.(3) s. 151-168  
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