

LKI152-1 25V Introduction to the Movement Sciences and the Fundamental Questions it Seeks to Answer

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Assessment - Exam: Written essay

Dear students,

welcome to the written essay assessment.

This assessment requires you to write a short essay, reflecting on the pedagogical principles we have discussed throughout the course:

- Functional variability in practice
- Repetition without repetition
- Representative learning design
- Maintaining the coupling of perception and action

Here is what you need to do:

1. **Choose** one or a combination of the pedagogical principles listed above.
2. **Write** on a separate document (e.g., word) a reflection on the pedagogical principle/s, including: **a brief description of the principle/s, how it relates to your practice (including a description of your practice context), and a concrete example (in sport, PE, or rehabilitation) with details specific to your own practice on how you can best use the principle.**
3. The essay should be approximately between **300 and 600 words**.
4. **Save** the document as pdf.
5. **Upload** the pdf onto WISEflow. You will receive in your NIH account an email with a link for submitting the pdf into WISEflow. Once clicking the link, you may be required to login: choose "FEIDE", and use the same credentials you use for accessing the course on Canvas.

VERY IMPORTANT: the reflection you write must be specific to **your own** practice. **Generic descriptions will receive low grades.** In your essay, you should provide details of your practice context (e.g., PE classes in a primary school with a total of 1000 students, with 5 students with special needs, in a medium-sized town just outside of Oslo where children have difficulty accessing sport facilities...), details of the specific drills you design in your own practice and how you can implement them. ChatGPT provides generic descriptions. If you want a good grade, do not use ChatGPT to create the essay (ChatGPT can be a resource for proofing your own words but not creating it). **See at the bottom of this page an example from ChatGPT, which will receive a fail or low grade.**