

Norwegian School of Sport Sciences

Study programs in English



NORWEGIAN SCHOOL OF SPORT SCIENCES

As a specialised university, Norwegian School of Sport Sciences (NSSS) has a national responsibility for education and research within the field of sport. Sport is a broad concept and includes various forms of human activity; organised sport, physical education, outdoor activities, games, dance, training and exercise.

The Norwegian School of Sports Sciences has a broad study portfolio and offers courses at Bachelor, Master and Doctorate levels. The NSSS also offers a wide range of part time studies in further education. All in all there are currently 1600 full-time and part-time students at NSSS.

NSSS carries out research and education based on a broad spectrum of disciplines, subjects and activities. The study-programs qualify graduates for positions in the school-, health- and public sectors as well as private and voluntary organisations, and also for research. Further, NSSS has the responsibility for sharing relevant knowledge with sport and society. NSSS premises and sports facilities are located a few miles from the centre of Oslo with the surrounding forests and lakes as the nearest neighbour. The location is ideal for physical activities associated with studies and research.

The School's academic activities are divided between five departments and two research centres:

- Department of Physical Performance
- Department of Sport Medicine
- Department of Coaching and Psychology
- Department for Physical Education
- Department of Cultural and Social Studies
- Oslo Sports Trauma Research Center
- Norwegian research centre for training and performance

The Norwegian School of Sport Sciences faculty has a broad international network of research partners. NSSS continues to be among those institutes in the Norwegian college and university sector which have the highest output of scientific articles per faculty member. In 2009, the school also arranged the conference of the European College of Sport Science (ECSS).

NSSS offers a Bachelor degree in Sport Sciences with the following five specializations:

- Physical activity and health
- Coaching
- Sport management
- Physical education – teacher education
- Sport biology

In addition, NSSS offers several one year studies; in Outdoor life, Adapted Physical Activity, Practical-pedagogical Education, Sport, Culture and Development Cooperation, and Sport and society.

OUR MASTER PROGRAMS ARE:

- Master of Sport Sciences
- Master of Sport Physiotherapy
- European Master in Health and Physical Activity
- Erasmus Mundus in Adapted Physical Activity
- Erasmus Mundus in Transcultural European Outdoor Studies

Programs in English

NSSS has a goal of increasing its offer to international students, and we welcome several exchange students from partner institutions each year. In fall 2009, a strategic and long-term internationalization program was commenced.

We offer courses and packages taught in English, both at bachelor and master level. All the courses taught in English are in the fall semester only. Please see our webpage for course descriptions.

1. Sport Management (30 ECTS Credits – BA level)

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| 1) Sporting Events and Volunteerism | 10 |
| ECTS credits | |
| 2) Organizations of International Sport | 10 |
| ECTS credits | |
| 3) Comparative Research Project | 10 |
| ECTS credits | |

2. Outdoor Life (30 ECTS Credits – BA level)

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| 1) Comparative Research Project | 10 |
| ECTS credits | |
| 2) Experiential Learning in 'Natural' Landscapes | 10 |
| ECTS credits | |
| 3) Philosophy and Practice | 10 |
| ECTS credits | |

In addition, we offer two courses in sport psychology in English, one at the bachelor level (10 ECTS credits) and one at the master level (20 ECTS credits). These courses can be combined with courses from Sport Management. The courses in Outdoor Life have to be taken as a course package and can not be combined with any other courses.

We also offer a Norwegian language course to all exchange students. This course will be held in the beginning of the fall semester.

Student life

By studying at NSSS, you will be living in a city that has all the benefits of a capital, while never being more than a 20-minutes bus ride from the sea or the forest. Oslo is unique, a city surrounding a sea inlet with mountains as a backdrop. The relatively small campus allows all the students at NSSS to interact with each other.

The Foundation for Student Life in Oslo (SiO) is a student welfare organisation that provides a wide range of services to make the student life easier, including student housing. We recommend that you apply for student housing as soon you get the Letter of Admission, stating that you have been accepted as an exchange student at NSSS. The nearest Student Housing to NSSS is Kringsjø Student Village, Fjellbirkeland student Village and Sogn Student Village in that order. For more information: www.sio.no



Admission requirements

NSSS welcome applicants from partner institutions to our programmes in English. Note that there are limited numbers of places in each programme. NSSS reserve the right to rank applicants based on qualifications.

The application deadlines are:

1. 30. April for fall semester
2. 1. October for spring semester



Contact info/more information:

E-mail: exchange@nih.no

Web: www.nih.no/english



General information about studying in Norway:

www.studyinnorway.no

Information about The Foundation for Student Life in Oslo (SiO):

www.sio.no

