

Instructions to Authors for Abstracts to be Published in the Programme Book for the XI<sup>th</sup> BMS Symposium: Title Length Limited to 150 Characters

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## INTRODUCTION

Participants are invited to submit abstract proposals for podium and poster presentations at the Symposium. Abstracts should be written in English, within the scope of the topics. Authors may when submitting, indicate Archimedes Award Participation and their preference for podium presentation, poster display or poolside demonstration. The Scientific Committee reserves the right to reallocate presentation formats. The Deadline for Abstract Submission is January 25, 2009.

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## METHODS

The abstract should provide sufficient information for readers to fully assess the aims, methods, results and implications of the research in question. Each submission must be original work that has not been published previously. The abstracts should be submitted through the conference webpage, where separate fields for title, authors, affiliations and main text are present. Please follow the guidelines of the submission system. The maximum length of the text (excluding title, authors and affiliations) is 2500 characters.

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## RESULTS

The main emphasis of the abstract should be on the results and discussion. Results may be in the form of text. Graphics or tables are not possible. In addition to the abstract, authors are encouraged to write a full text paper for a more thorough presentation of their research. Write the titles of each section (introduction, methods, results, discussion and references) in CAPITAL letters. Do not separate titles or paragraphs by a blank line but leave one line empty before each section. Equations can be provided as long as it is part of the text and within the special characters of the submission system. Only SI units are to be employed. The title of the abstract are to be written in mixed case, not to exceed 150 characters. For authors names, use only last name (family name) and initials (e.g. Kjendlie, P.L.), for institution, use only the name and country, not department (e.g. Norwegian School of Sport Science, Norway).

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## DISCUSSION

The discussion includes the major findings and conclusions. The instructions must be carefully followed by the authors and they are intended to be a model for authors to copy. For more details, please visit the Symposium web site at <http://www.nih.no/bms2010>.

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## REFERENCES

1. Please try to minimise the amount of references.
2. Quote only those having a major impact on the matter in question.