

## Publications in national journals with referee

Sundgot-Borgen J. Eating disorders among female athletes. *Phys Sportsmed* 1987; 2: 89-95.

Ingjer F, Sundgot-Borgen J. Influence of body weight reduction on maximal oxygen uptake in female elite athletes. *Scand J Med Sci Sports* 1991; 1: 141-146.

Sundgot-Borgen J. Prevalence of eating disorders in female elite athletes. *Int J Sport Nutr* 1993; 3: 29-40.

Sundgot-Borgen J, Larsen S. Pathogenic weight-control methods and self-reported eating disorders in female elite athletes and controls. *Scand J Med Sci Sports* 1993; 3: 150-155.

Sundgot-Borgen J, Larsen S. Nutrient intake and eating behaviors of female elite athletes suffering from anorexia nervosa, anorexia athletica or bulimia nervosa. *Int J Sport Nutr* 1993; 3: 431-442.

Sundgot-Borgen J. Preoccupation with weight and menstrual function in female elite athletes. *Scand J Med Sci Sports* 1993; 3: 156-163.

Sundgot-Borgen J. Risk and trigger factors for the development of eating disorders in female elite athletes. *Med Sci Sports Exerc* 26 1994: 414-419.

Solberg EE, Halvorsen R, Sundgot-Borgen J, Ingjer F, Holen A. Meditation; A modulator of the immune response to physical stress. *Br J Sports Med* 1995; 29: 255-257.

Sundgot-Borgen J. Eating disorders, energy intake, training volume and menstrual function in high-level modern rhythmic gymnasts. *Int J Sport Nutr* 1996; 2: 100-109.

Sundgot-Borgen J, Bahr R, Falck J. Normal bone mass in bulimic women. *J Clin Endocrinol Metab* 1998; 83: 3144-3149.

Rønsen O, Sundgot-Borgen J, Mæhlum S. Supplement use and nutritional habits in Norwegian elite athletes. *Scand J Med Sci Sports* 1999; 9(1): 28-35.

Rosenvinge J, Sundgot-Borgen J, Børresen Gresko R. The prevalence and psychological correlates of anorexia, bulimia nervosa and binge eating among 15-year-old students: A controlled epidemiological study. *European Eating Disorders Review* 1999; 7: 382-391.

Solberg E E, Ingjer F, Holen A, Sundgot-Borgen J, Nilsson S, Holme I. Stress reactivity and recovery to a standardized exercise bout - a study of 31 runners practising relaxation techniques. *Br J Sports Med* 2000; 34(4): 268-272.

Nystad W, Harris J, Sundgot-Borgen J. Asthma and wheezing among Norwegian elite athletes. *Med Sci Sports Exerc* 2000; 32: 266-270.

Bø K, Sundgot-Borgen J. Prevalence of stress and urge urinary incontinence in elite athletes and controls. *Med Sci Sports Exerc* 2001; 33(11): 1797-1802.

Sundgot-Borgen J, Sundgot-Schneider, L. The long-term effect of CBT and nutritional counseling in treating bulimic elite athletes: a randomized controlled study. *Med Sci Sports* 2001; 33(5): S97.

Berglund B, Sundgot-Borgen J, Wide L. Effect of salbutamol, a beta-2-adrenergic agonist, on erythropoietin concentration in healthy males. *Scand J Med Sci Sports* 2002; 12(1): 31-33.

Sundgot-Borgen J, Rosenvinge J, Bahr R, Sundgot-Schneider L. The effect of exercise, cognitive therapy and nutritional counseling in treating bulimia nervosa. *Med Sci Sports Exerc* 2002; 34(2): 190-195.

Sundgot-Borgen J. Weight and eating disorders in elite athletes. *Scand J Med Sci Sports* 2002; 12(5): 259-260.

Sundgot-Borgen J, Berglund B, Klungland M. Nutritional supplements in Norwegian elite athletes – impact of international ranking and advisors. *Scand J Med Sci Sports* 2003; 13(2): 138-144.

Fasting K, Brackenridge C and Sundgot-Borgen J. Experiences of Sexual Harassment and Abuse Among Norwegian Elite Athletes and Nonathletes. *Res Quarterly Exerc Sport* 2003; 74(1):84-97.

Sundgot-Borgen J, Fasting K, Brackenridge C and Torstveit MK. Sexual harassment and eating disorders in female elite athletes – a controlled study. *Scand J Med Sci Sports* 2003; 13(5): 330-335.

Sundgot-Borgen J, Torstveit MK. The female athlete triad – the role of nutrition. *Schweizerische Zeitschrift für Sportsmedizin und Sporttraumatologie* 2003; 51 (1): 47-52.

Sundgot-Borgen J, Torstveit MK. Prevalence of Eating Disorders in Elite Athletes is higher than in the General Population. *Clinical Journal of Sport Medicine* 14(1): 25-32, 2004.

Sundgot-Borgen J. Disordered eating and exercise. Editorial. *Scand J Med Sci Sports* 2004; 13: 1-3.

Fasting K, Brackenridge C, Sundgot-Borgen J. Prevalence of sexual harassment among Norwegian female elite athletes in relation to sport type. *Int Rev Sociol* 2004; 39(4): 373-386.

Fasting K, Brackenridge C, Sundgot-Borgen J. Prevalence of sexual harassment among Norwegian female elite athletes in relation to sport type. *Int Rev Sociol Sport* 2004; 39(4): .

Sundgot-Borgen J, Torstveit MK. Prevalence of eating disorders in elite athletes is higher than in the general population. *Clin J Sport Med* 2004;14: 25-32.

Kolle E, Torstveit MK, Sundgot-Borgen J. Bone Mineral Density in Norwegian Premenopausal Women. *Osteoporosis Int* 2005; 16(8): 914-920.

Torstveit MK, Sundgot-Borgen J. The Female Athlete Triad: Are Elite Athletes at Increased Risk? *Med Sci Sports Exerc* 2005; 37(2): 184-193.

Torstveit MK, Sundgot-Borgen J. The female athlete triad exists in both elite athletes and controls. *Med Sci Sports Exerc* 2005; 37: 1449-1459.

Torstveit MK, Sundgot-Borgen J. Participation in leanness sports but not training volume is associated with menstrual dysfunction: A national survey of 1276 elite athletes and controls. *Br J Sports Med* 2005; 39: 141-147.

Torstveit MK, Sundgot-Borgen J. Low bone mass is 2 to 3 times more prevalent in non-athletic premenopausal women than in elite athletes: A comprehensive controlled study. *Br J Sports Med* 2005; 39 (5): 282-287.

Drinkwater B, Loucks A, Sherman R, Sundgot-Borgen J, Thompon R. IOC Triad Consensus Statement: [http://www.olympic.org/uk/organisation/commissions/medical/index\\_uk.asp](http://www.olympic.org/uk/organisation/commissions/medical/index_uk.asp)

Sungot-Borgen J, Torstveit MK: The female football player, disordered eating, menstrual function and bone health. *Br J Sports Med* 2007; Suppl 1: i68-72.

Nattiv A, Louks AB, Manore MM, Sandborn CF, Sundgot-Borgen J, Warren MP. American College of Sports Medicine position stand. The female athlete triad. *Med Sci Sports Exerc* 2007; 39(10) :1867-82.

Torstveit MK, Rosenvinge J, Sundgot-Borgen J. Prevalence of eating disorders and the predictive power of risk factor models in female elite athletes: a controlled study. *Scand J Med Sci Sports* 2008; 18(1):108-18.

## **Book Chapters and invited articles**

Sundgot-Borgen J, Oseid S. Eating disorders and menstrual function in Norwegian female elite athletes. In: *Sports, Medicine and Health*. Elsevier Science Publishers B.V. Biomedical Division. 1990: 513-518.

Sundgot-Borgen J. Ätstörningar bland idrottsutövare In: *Maten som fiende. Idrott, Anorexia-Bulimi*. Sveriges Riksidrottsförbund og Idrettens Forskningsråd. 1993. ISBN 91-87660-67-9.

Sundgot-Borgen, J. Kroppsfixering. Ätstörningar bland idrottskvinnor. In: *Sporten eller livet. En antologi om huliganism, kroppsfixering och idrottsliga ideal*. Heatwave forlag. 1996: 110-120.

Sundgot-Borgen J. The development of eating disorders in young athletes. In: Exercise and Fitness - Benefits and Risks. Eds: Froberg K, Lammert O et al. Odense University Press. 1997: 61-79.

Sundgot-Borgen J, Bahr R. Eating Disorders in Athletes. In: Oxford Textbook of Sports Medicine. Second edition. Eds: Harries M, Williams C et al. Oxford Medical Publications. Oxford University Press. 1998: 138-152.

Sundgot-Borgen J. Eating Disorders. In: Nutrition for Sport and Exercise. Second edition. Eds: Berning J, Steen Nelson S. An Aspen publisher 1998: 187-201.

Sundgot-Borgen, J. The female athlete triad; eating disorders, amenorhea and osteoporosis. News on Sport Nutrition. Insider 1998: 7(3): 3-7.

Skårderud F, Sundgot-Borgen J. Idrett. I: Sterk-Svak. Håndbok om spiseforstyrrelser. Aschehoug. 2000: 196-199. ISBN 82-03-22439-3.

Sundgot-Borgen J. Eating disorders in athletes. In: Nutrition in sport, The Encyclopaedia of Sports Medicine. Ed: Maughan R. Blackwell Science Ltd. Oxford, England. 2000: 510-522.

Sundgot-Borgen J. Eating disorders in female athletes. In: Women in Sport, The Encyclopaedia of Sports Medicine. Ed.: Drinkwater B. Blackwell Science Ltd., Oxford, England. 2000: 364-376.

Sundgot-Borgen J. Eating disorders. Principles & practice of primary care. Sports Medicine. Eds. Garret WE, Kirkendall DT and Savire DL. Lippincott Williams & Wilkins. Philadelphia, PA, USA. 2001: 185-190.

Sundgot-Borgen J. Eating disorders. In: International Encyclopedia of Women and Sports. Eds: Christensen K, Guttman A, Pfister G. Macmillan Reference USA. 2001: 352-358.

Bø K, Fasting K, Meen HD, Strømme SB, Sundgot-Borgen J, Volla T. Svein Oseid 1930-1991, NIH-professoren. Norsk Idrettsmedisin. 2001: 16(4):6-8.

Warren MP, Sundgot-Borgen J, Fried J. Amenorrhea, osteoporosis, and eating disorders in athletes. In: Textbook of Sports Medicine, Basic science and clinical aspects of sports injury and physical activity. Chapter 4.6. Ed.: Michael Kjær. Blackwell Science. 2002: 462-480. ISBN 0-632-06509-5.

Sundgot-Borgen J. Disordered Eating. In: Ireland ML, Nattiv A (eds.). The Female Athlete. Section V, General Medical Conditions. Elsevier Science, Philadelphia. 2002: 237-248. ISBN 0-7216-8029-1.

Sundgot-Borgen J, Skårderud F and Rodgers S. Eating disorders in athletes and dancers. In: Treasure, Schmidt, van Furth (eds.). Handbook of eating disorders. Theory, treatment and research. London: John Wiley Sons, Ltd. 2003: 385-400. ISBN 0-471-49768-1.

Sundgot-Borgen J. Disordered eating. In: Levinson D & Christensen K. Berkshire Encyclopedia of World Sport 2003: 2:466-473.

Sundgot-Borgen J. Atypical eating disorders in female athletes. In: Norring, C. & Palmer, B. (Eds.). EDNOS – Eating Disorders Not Otherwise Specified: Scientific and Clinical Perspectives on the Other Eating Disorders. London. 2005: 266-276.

Sundgot-Borgen J. Fysisk aktivitet forebygger svangerskapsdeåpresjoner. Terje Fuggeli. Sinnets helse. 2005: 121-123.

### **Publications in national journals with referee**

Rosenvinge J H, Sundgot-Borgen J. Spiseforstyrrelser - hvordan er behandlingen organisert? Tidsskr Nor Lægeforen 1999: 119: 21-23.

Nordhagen I, Sundgot-Borgen J. Fysisk aktivitet hos gravide i relasjon til svangerskapsplager og depressive symptomer. Tidsskr Nor Lægeforen 2002: 122(5): 470-474.

Torstveit MK, Sundgot-Borgen J. Den kvinnelige utøvertriaden, sammenhengen mellom spiseforstyrrelser, menstruasjonsforstyrrelser og osteoporose. Norsk Idrettsmedisin 2002: 4: 3-7.

Torstveit MK, Sundgot-Borgen J. Physical activity and bone health – An overview of the literature. In: Osteoporosis: From mechanisms and risk factors to prevention. The Norwegian Academy of Science and Letters 2003: 81-97.

Belander O, Torstveit MK, Sundgot-Borgen J. Seks av ti unge kvinner og halvparten av norske jenter innfrir nasjonale anbefalinger for fysisk aktivitet. [How many Norwegian girls and young women fulfil the recommendations for physical activity?]. The journal of the Norwegian medical association 2004: 19: 2488-2489.

### **Review articles**

Sundgot-Borgen J. Den kvinnelige utøvertriaden. Norsk Idrettsmedisin 1999: 3: 36-39.

Sundgot-Borgen J. Fysisk aktivitet og reproduktiv helse Tidsskr Nor Lægeforen 2000: 28: 3447-3451.

Sundgot-Borgen J, Torstveit MK, Skårderud F. Spiseforstyrrelser i idretten [Eating disorders in Athletes]. The Norwegian medical association 2004: 16: 2126-2129.